



MONITRICE DE POCHE

CAMP OUAREAU

Diversity . Atmosphere . Respect . Esteem

Ask yourself

- Are all my actions promoting acceptance of **diversity**?
- Are all my actions ensuring the protection of Ouareau's **atmosphere**?
- Are all my actions **respecting** the physical and emotional safety of others and myself?
- Are all my actions promoting positive self **esteem**?

PROGRAMME D.A.R.E

Awareness . Communicate . Together

Self Care and Management

- A. Be **aware** that you are experiencing difficulties. Doesn't have to be big, just has to be bothering you.
- C. **Communicate** your concern to a Leadership Team. Make an appointment to talk about it, or if it's urgent, let us know ASAP.
- T. **Together** find a solution

PROGRAMME A.C.T

Ouverture . Site . Estime . Respect

Demande-toi

- Est-ce que mes actions font la promotion de **l'ouverture** aux différences?
- Est-ce que mes actions assurent la protection environnementale du **site**?
- Est-ce que mes actions **respectent** la sécurité émotionnelle et physique des autres?
- Est-ce que mes actions font la promotion d'une **estime** de soi positive ?

PROGRAMME O.S.E.R



HORAIRE

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7:20.....Staff Meeting
 7:45.....Wake up Wake up
 8:15.....Flag Raising
 8:20.....Breakfast
 9:20.....Assembly
 9:45.....First Activity
 10:45.....Shuffle time
 10:55.....Second Activity
 10:55.....Shuffle time
 12:00.....Cabin Clean Up
 12:30.....Lunch
 1:45.....Rest Hour
 2:40.....Go see your campers

HORAIRE DE LA JOURNÉE

2:45.....Third Activity
 3:45.....Shuffle time
 3:55.....Fourth Activity
 5:00.....Cultiva & Free Swim
 5:45.....Dinner
 6:45.....Puddle time - Trading Post
 7:15.....Evening Program
 8:10.....Dekopi Snack
 8:35.....Chipka Snack
 8:45.....Senior Snack
 9:00.....Second Whistle Dekopi
 9:15.....Second Whistle Chipka
 9:30.....Second Whistle Seniors

HORAIRE DE LA JOURNÉE

No staff meeting

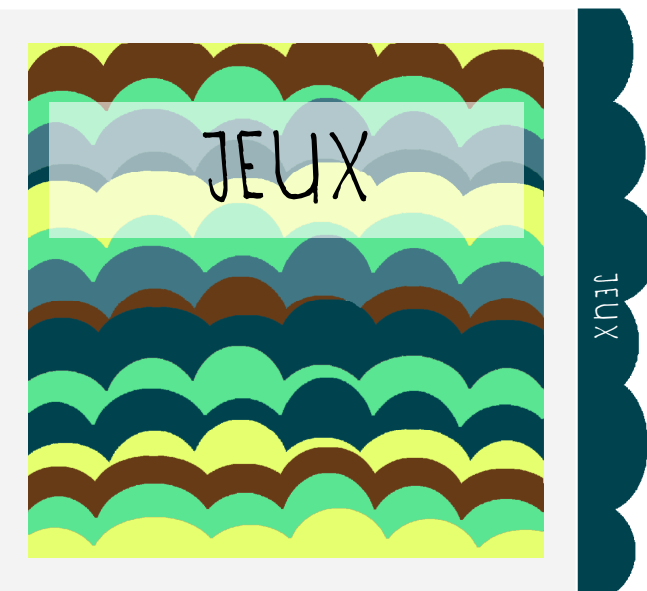
7:15.....Breakfast Set
 7:45.....Breakfast Clean
 8:30.....Last call staff breakfast
 8:45.....Last call camper breakfast
Assembly & activities as usual
 12:00.....Cabin Clean up
 12:00.....Lunch Set
 12:30.....Lunch
 12:45.....Lunch Clean up

Afternoon as usual

5:45.....Diner Set & clean

Evening as usual

HORAIRE DU MERCREDI



JEUX

JEUX

Animal Kingdom (motion game)

Assign an animal to each person in the circle (elephant, alligator, lion, snake, fish, monkey warm...) each animal has a **specific motion**. For example: monkey, puff your cheeks and pull your ears, etc. You can add more animals depending on the number of people. You can also make more than one circle. The Elephant is the highest and the warm the lowest. **The goal is to become and stay the elephant for the longest.** The task is to correctly do your animal signal when called upon, and then to make another animal's signal to try to get that person to make a mistake. The person does his or her own signal (animal gesture and noise) first, followed by another animal's signal. So for example, a round could look like this: elephant to lion, lion to fish.... When somebody misses, they become the worm, and everybody else moves one up.

JEU DE COORDINATION

Count the Frogs

Everyone sits in a circle. First person says "One frog". Next person says "2 eyes", third person says "4 legs", fourth says "in the puddle", and fifth says "ker-plop". Next person starts over with "2 frogs", the game continues as follows: 4 eyes, 8 legs, in the puddle, in the puddle, ker-plop, ker-plop. See how many frogs you can get up to. This may be done to a beat of claps and snaps.

JEU DE MÉMOIRE

Jedi Numbers

Everyone stands in a circle, and everyone puts their heads down. They then need to count up to a certain number (usually just the number of people there are in the group, so everyone gets one number) one at a time without two people talking at once. If two people talk at once, the groups starts over at one.

Colors

The leader sits in the middle of the circle, points to a player and calls "red" the player has to name an object that is a red before the leader can count to 10 out loud.

JEUX D'ATTENTION



CHANSONS

CHANSONS

My Paddle's Keen And Bright

My paddle's keen and bright, flashing with silver,
 Follow the wild goose flight, dip, dip and swing.
 Dip, dip and swing her back, flashing with silver,
 Swift as the wild goose flight, dip, dip and swing,
 Dip, dip and swing.

Les Pagaies

On pagaie, on pagaie
 Où t'as mis les pagaies?
 Sous les grands cocotiers
 Mais les crocos les ont bouffées
 On peut plus pagayer
 (variantes: fort, doux, vite, lent, aigu, grave, etc..)

CHANSONS

Swimming Pool

Swimming, swimming in my swimming pool,
 When days are hot, and days are cool,
 In my swimming pool.
 Breaststroke, sidestroke, fancy diving too.
 Oh don't you wish you never had anything else to do...

A Oonie Oonie

A oonie oonie ki aie oonie (x2)
 Aie, Aie, Aie, Yippie aie aie aie
 Miss aie, aie, aie, yippie aie aie aie
 Miss a oo - a oonie kitcheee.....

CHANSONS

MM AH WENT THE LITTLE GREEN FROG

Mmm, ah, went the little green frog, one day
 Mmm, ah, went the little green frog
 Mmm, ah, went the little green frog, one day
 So we all went um, ah, ah.
 But. We all know frogs go La di da di da...
 We all know frogs go La di da di da,
 They don't go Mmm, ah, ah

MM AH font les grenouilles

Mnn, Nnnn fait la petite grenouille (3)
 Mais ne fait pas Mmmm, Nnnn Aaaag!
 On sait que les grenouilles font
 Cha ba da ba da (3)
 On sait que les grenouilles font
 Cha ba da ba da
 Mais ne font pas Mmmm, Nnnnnn, Aaaaah

CHANSONS